



**A Disorder
4 Everyone!**

Psychiatric Drug Withdrawal

Exploring Issues, Challenges, and Opportunities

3 Psychiatric Drugs: Post-Withdrawal Experiences

Mad in America, the [Council for Evidence-based Psychiatry](#), [International Institute for Psychiatric Drug Withdrawal](#) and [A Disorder 4 Everyone](#) are pleased to announce a series of live, online town hall discussions focussing on issues related to psychiatric drug withdrawal. Each town hall will feature a panel comprised of a mix of professionals and people with lived experience. Following the discussion, there will be an opportunity for viewer questions.

For our third discussion, we are examining protracted problems that can arise after psychiatric drug withdrawal. Sometimes referred to as post-acute or post-withdrawal syndromes, these experiences can include chronic health problems and sexual dysfunction. What do we know and not know about responding to long-term health problems after coming off psychiatric drugs?

Join us on **Friday, May 14, 2021 at 9 AM PDT, 12 AM EDT, 5 PM BST, 6 PM CEST** for a panel discussion that will include questions and comments from the audience.

Please note that a minimum donation of \$1 applies to register. We will email you a Zoom link on the day. Registration for the live Zoom is limited; we will also live-stream on Mad in America's Facebook page and post to YouTube afterwards.

For queries or to give us feedback, contact:
[withdrawal@
madinamerica.com](mailto:withdrawal@madinamerica.com)

Register here

Panelists



Adele Frammer

Adele Frammer resides in San Francisco, USA. A survivor of 11 years of antidepressant withdrawal syndrome, in 2011, under the pseudonym Altostrata, she founded the peer support site [SurvivingAntidepressants.org](#), currently containing more than 6,000 longitudinal case histories from its 14,000 members. A widely recognized patient advocate, she is a lay expert in psychiatric drug tapering and withdrawal syndromes.



Will Hall

Will Hall is a schizophrenia diagnosis survivor and longtime organizer with the psychiatric survivor movement. He is a PhD candidate at Maastricht University and lead researcher on the [Maastricht World Survey on Antipsychotic Drug Withdrawal](#), and author of the [Harm Reduction Guide to Coming Off Psychiatric Drugs](#), as well as host of Madness Radio and a co-founder of the Hearing Voices Network USA.



David Healy

David Healy is a Professor of Psychiatry in the Department of Family Medicine at McMaster University in Hamilton Canada. He has been raising concerns about withdrawal from antidepressants since the mid-1990s and was an expert witness in a successful legal case about withdrawal and dependence in 2004. He figures we have made little or no progress sorting the issues out and now have a major public health crisis on our hands.



Nicole Lamberson

Nicole Lamberson, physician assistant, patient suffering protracted harm following a rapid medical "detox" from prescribed benzodiazepines/Z-drugs & other psychotropic polypharmacy, co-founder of The Withdrawal Project, Medical Board member for Benzodiazepine Information Coalition, & Medicating Normal Outreach Team.

Host



James Moore

James Moore has personal experience of psychiatric drug withdrawal and is a keen advocate for greater awareness and understanding of these issues. He hosts and produces the Lets Talk Withdrawal and Mad in America podcasts.

Chat Moderator



Lucy Fernandes

Lucy Fernandes is the Administrator for IIPDW. She was prescribed psychiatric drugs throughout her twenties and withdrew without support. She works towards a greater understanding of these issues for the public and prescribers.

Technical Adviser



Shira Collings

Shira Collings is a graduate student in Clinical Mental Health Counseling in Tampa, Florida. She is passionate about advocating for peer-run services, disability justice, and other alternatives to the medical model.